

# Beyond Nurses Notes

## A Journey to Choose Life

by Mary M. Hale, RNC, MSN, SRN, SCM

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### Book Description

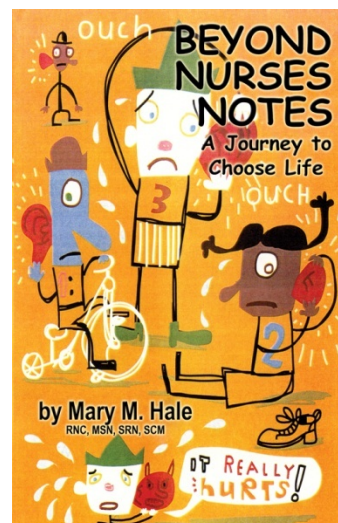
*Beyond Nurses Notes – A Journey to Choose Life* by Mary M. Hale (RNC, MSN, SRN, SCM), intertwines her stories from Pediatrics and Obstetrics over a period of 27 years of her service at Albert Einstein Medical Center in Philadelphia, PA. She includes several anecdotes from her 10-year career working in Uganda under the rule of the villainous leader Idi Amin, serving five of them as a nursing supervisor. Hale believes these experiences with her patients in the United States and abroad taught her about humanity and made her the person she is, allowing her to “choose life” for herself.

Hale also shares her journey through her surgical experience as a patient. In 2008, she chose life and survived a six-week hospitalization for quadruple cardiac bypass surgery and a hysterectomy to eliminate cancer which was successful. This is her second book about nursing.

### About the Author

Mary M. Hale, RNC, MSN, SRN, SCM, has been a Nurse-Midwife for 35 years. Ten of those years she served under the Ministry of Health in Uganda, East Africa where she set up the first post-graduate pediatric nursing program. Hale has written about these experiences in her first book *On Uganda's Terms* telling the obstacles to saving lives under the worst of circumstances while working tirelessly against the odds of Idi Amin.

She retired after 27 years in Pediatrics and Obstetrics at Albert Einstein Medical Center, in Philadelphia, Pennsylvania in 2006. Her first year of retirement was spent writing her autobiography *On Uganda's Terms*. In her second year she finished *Beyond Nurses Notes – A Journey to Choose Life*.



**MEDICAL: NURSE & PATIENT  
AUTOBIOGRAPHY: NURSING**  
ISBN-13: 978-1-926585-12-3  
\$19.95 U.S. / 5.5" x 8.5"  
112 pages / paperback  
Also available as e-book.

BISAC: MED058140  
MED058080  
BIO017510  
Worldwide Release Jan. 2009

North American Distributors:  
Ingram Books, Baker & Taylor

European Distributors:  
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