

Two on a Bridge The Workbook

A Companion Tool Designed to Enhance Discussions Outlined in the *Two on a Bridge* Guidebook

by Linda L. Stampoulos

Book Description

As a companion tool, this workbook includes further insight and activities to help process the principles outlined in *Two on a Bridge, The Guidebook*. These activities are designed to help access the different energy sources available to us and hopefully make them a part of one's life. It is an essential tool that serves as a journal to reflect on thoughts and feelings as the reader and a partner dedicate time to meet and take a journey across the bridge. Over the course of the meetings, there are many opportunities to share goals, examine new ideas, and reflect on individual challenges. As in the Guidebook, the reader will discover the healing energy that can come from the power of two.

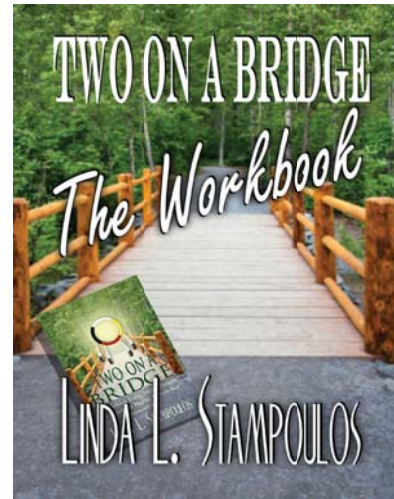
About the Author

Linda L. Stampoulos lives in New Jersey, and often travels to the West to research material her books. After completing her Undergraduate and Graduate Degrees at Montclair State University, she went on to Columbia University, to earn her Doctorate in Education. She has taught at both the Undergraduate and Graduate levels in the Schools of Health Foundations and Educational Foundations at Montclair State University. A large portion of her curriculum included the works of Joseph Campbell. In addition, she has devoted over twenty-five years to work in the field of Substance Abuse Prevention and Treatment Services.



Her last book, *Two on a Bridge, The Guidebook* was recently published. The *Workbook* is a companion tool which offers the reader activities to help process the principles outlined in the Guidebook. Her other works include *The Redemption of Black Elk* which was published in English as well as in German, *Black Elks Vermachtnis*. She has also contributed to the Images of America series: *Visiting the Grand Canyon, Views of Early Tourism* which was listed among the Southwest Books of the Year, Best Reading 2004. In addition, she has previously worked on several projects with Native American author Kenny Shields, Jr. to produce: *Fort Peck Indian Reservation; The Little Bighorn, Tiospaye;* and *The Grand Canyon: Native People and Early Visitors*. These and other works can be found at Pompanobooks.com

Two on a Bridge The Workbook is available from:
Amazon.com and Barnes & Noble



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